

SCAC Monthly Senior Service Hours

Name _____

Month _____ 2023

*Each SCAC member shall serve a minimum of **8 hours per month**, pertaining to Senior Issues ONLY, including activities related to meetings of full council and standing committee obligations. (SCAC Bylaws, Article VI, B).*

Total Hours _____

Optional Worksheet

Senior Issues Meetings & Conferences <i>(SCAC General Meetings and Committee Meetings = 2.5 hours each)</i>	
Activity	Number of Hours
SCAC General Meeting	
SCAC Executive Committee	
SCAC Committee Meeting(s)	
SCAC Administrative Duties/Business (i.e., Treasurer, Secretary, Record Keeping)	
Senior Summit Conferences	
OCSPA Meetings/Business (Orange County Strategic Plan for Aging)	
City Senior Citizen Council Meetings	
CSL Meetings/Business	

Senior Issues Volunteer	
Activity	Number of Hours
SCAC, Committee & OCSPA Information Shared with Senior Audiences	
Where? (List locations)	
Outreach/Event (Indicate Type of Event)	
Flu Clinics	
Office on Aging Health Fairs	
Newsletters	

Local Senior Center & Other Senior Issues Volunteer	
Activity	Number of Hours

Total monthly hours performed	
Transfer to Total Hours above	